



Richard City School System Trend Report CSH Overview Summary

The following information is a summary of CSH activities and accomplishments since the formation of CSH in the Richard City School System.

CSH Infrastructure Established

An infrastructure for CSH has been developed for the Richard City School System that includes:

- School Health Advisory Committee
- One Healthy School Team
- School Health Policies strengthened or approved include the wellness policies on physical activity and nutrition and the mental health policy
- Total amount of grant funding and in-kind services/materials secured by CSH to expand school health capacity for our LEA totals. Data unavailable

Community partnerships have been formed to address school health issues. Current partners include:

- Grandview Medical Center
- TennCare
- Marion County Health Council
- UT Extension
- SVEC
- Marion County Health Department
- Blue CrossBlue Shield
- CoverKids
- Lions Club
- Subway
- Tennessee Tech University

Parent and Student Involvement Developed

Parents are involved in numerous CSH activities including the PTA/PTO, Child Health Week, Smoothie Day, Taste Sampling Day, and Family Fitness Night. Currently, 15 parents are collaborating with CSH.

Students have been engaged in CSH activities such as melanoma presentation, tobacco handout and campaigns, health fairs, Healthy Horizons, and preparing foods for national disaster victims in surrounding area. Approximately 9 students are partnering with CSH to address school health issues.

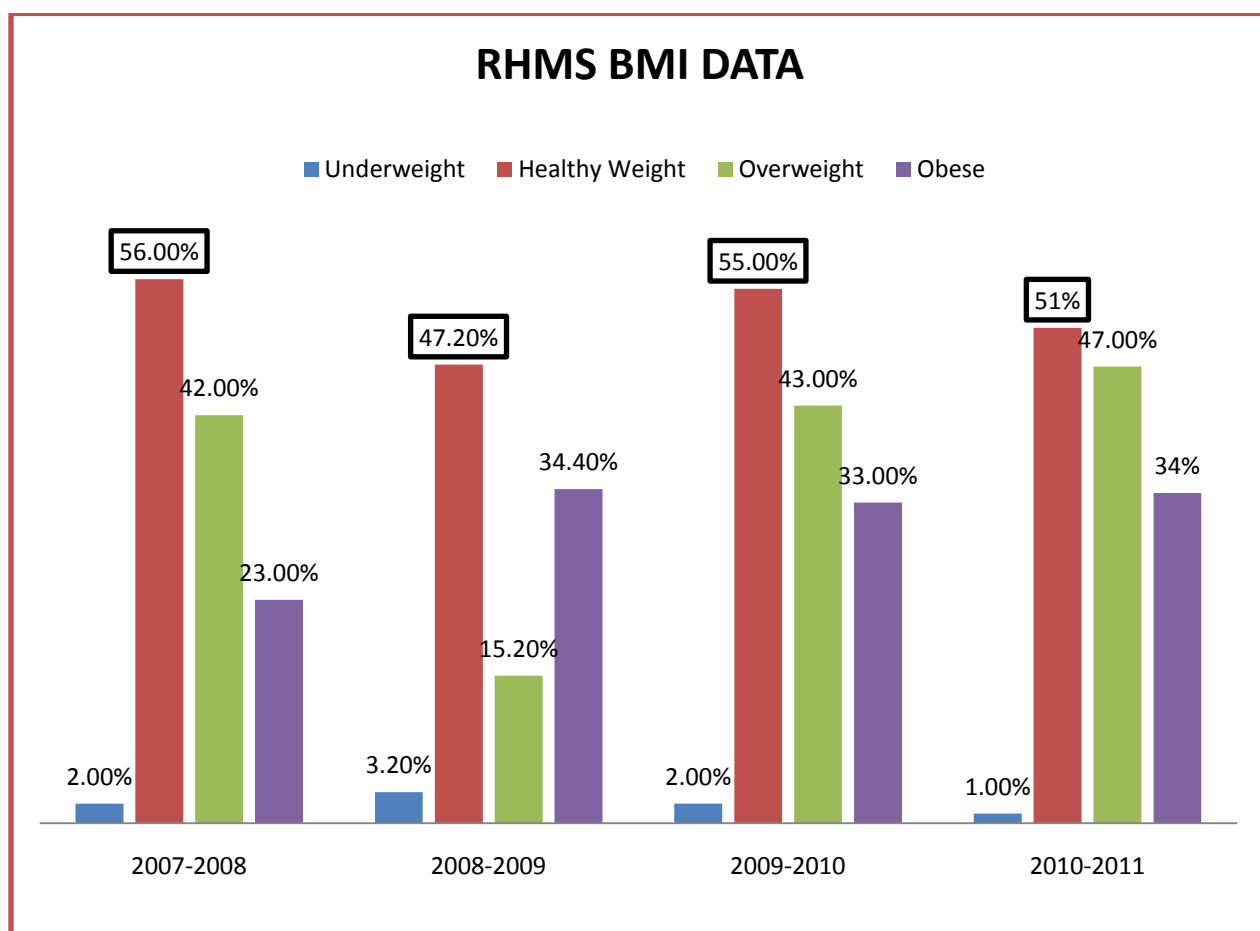
School Health Interventions

Since CSH has been active in the Richard Hardy City School System, the following health interventions have taken place:

School Health Screenings and Referrals to Health Care providers: RHMS CSH has screened 156 students and referred 28 students;

Students have been seen by a school nurse and returned to class; Data unavailable.

BMI data has been collected that shows the severity of the childhood obesity epidemic in our LEA;



Many items have been purchased with CSH funds to enhance school health efforts. Examples of items purchased include: 3 Wii game systems, Xbox 360 game system with Rock Band, 2 Wii Fit, Wii fitness games, Michigan Model curriculum, Spooner Boards, exercise equipment, walking trails, and a sand volleyball court;

Professional development has been provided to counselors, physical education teachers, and nurses. Data unavailable.

School faculty and staff have received support for their own well-being through: Zumba classes, Portion Control Classes, free 30 minute massages for teachers, and a walking group.

Specific interventions have been made in the following areas to address childhood obesity and behavioral health issues:

- Health Education Interventions – Data unavailable.
- Physical Education/Physical Activity Interventions – Data unavailable.
- Mental Health/Behavioral Health Interventions – Data unavailable.

In such a short time, CSH in the Richard City School System has made significant contributions to the well-being of our students and staff which in turn has addressed numerous non-academic barriers to student academic achievement.

For more information concerning Coordinated School Health (CSH), please contact the Coordinator.

Kelby Ferrell
423-837-7282 x111